

# JUVEDERM

## About:

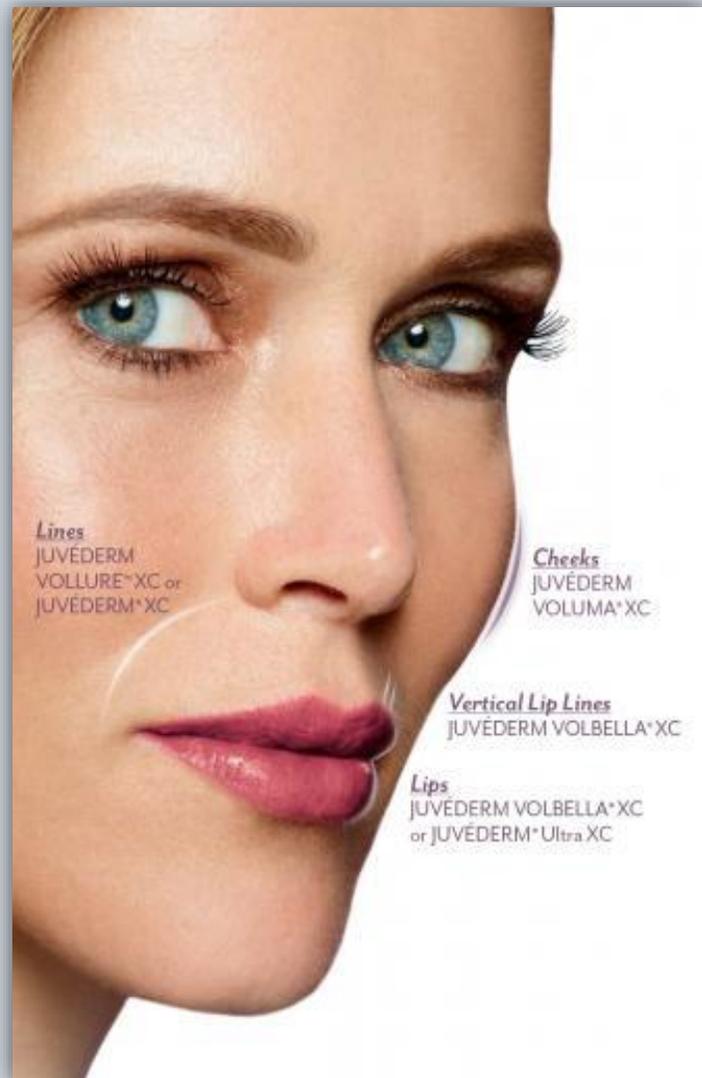
- Juvederm is a cosmetic treatment referred to as a filler. It's used to restore facial contours and improve signs of aging.
- It's an injectable dermal filler with a base of hyaluronic acid.
- It's a treatment that focuses on the face, specifically the cheeks, lips, and around the mouth.
- The procedure to inject the product takes 15 to 60 minutes.
- It's one of the most common nonsurgical cosmetic procedures done in the U.S.

## Safety:

- The Food and Drug Administration (FDA) approved Juvederm in 2006.
- More than 2.4 million procedures using hyaluronic acid-based fillers (including Juvederm) were performed in 2016.

## Efficacy:

- Results are often noticeable immediately after a procedure.
- Results can last one to two years.



# What is Juvederm?

Juvederm is a hyaluronic acid-based dermal filler. There are several products in the Juvederm family. They all are used to help people address the facial signs of aging. Each product in the Juvederm line features different bonding and concentrations of hyaluronic acid. The different products are each tailored to target specific problems when injected into different areas and depths. Juvederm fillers have a smooth, gel-like consistency.

## Juvederm types:

- **Juvederm Voluma XC** adds volume beneath your skin's surface to increase the size of your cheeks.
- **Juvederm XC** and **Juvederm Vollure XC** address the loss of skin elasticity and fill out wrinkles and lines around the mouth and nose — known as smile lines.
- **Juvederm Ultra XC** and **Juvederm Volbella XC** work as nonsurgical lip enhancement treatments.

## Preparing for Juvederm

Before a Juvederm treatment, speak with a medical professional about your cosmetic goals and expectations. Juvederm procedures are minimally invasive so they're frequently done on the same day as the consultation. The procedure is minimally invasive and doesn't need much preparation.

Simple instructions to follow before your consultation and treatment generally involve avoiding medication like aspirin, ibuprofen, and St. John's wort. And you'll want to avoid alcohol in the weeks leading up to treatment. Smoking is also discouraged before treatment. Avoiding these things can help prevent bruising. Also let your doctor know of any allergies or sensitivities.

# Target areas for Juvederm

- Cheeks: Juvederm Voluma XC
- Around the nose and mouth: Juvederm Ultra Plus XC and Juvederm Vollure XC
- Lips: Juvederm Ultra XC and Juvederm Volbella XC

## How does Juvederm work?

Juvederm works by adding volume to the facial tissue through its active ingredient, hyaluronic acid. Hyaluronic acid is a natural substance found in the human body. It stimulates the production of the connective tissue that plumps the skin (collagen). As you get older, the production of hyaluronic acid and collagen decreases. This increases the appearance of sagging and wrinkling of the facial skin.

During the procedure, your doctor, physician assistant, or nurse typically uses a pen to mark the areas to be treated. Your doctor will then inject Juvederm into the target area. They will also lightly massage the area to ensure an even distribution and reduce the chance of swelling. The entire procedure usually takes between 15 and 60 minutes, depending on the area treated.

Juvederm injections contain a small amount of pain-reducing lidocaine. This will help minimize any pain or discomfort you feel during treatment and make it go away quickly.

## Risks and side effects

You can expect some swelling and bruising. Other common side effects include:

- redness

- tenderness
- lumps or bumps
- minor pain
- itching

All of these side effects usually subside within two to four weeks.

More serious side effects are typically associated with unprofessional handling, like injecting Juvederm into a blood vessel unintentionally. Complications can include permanent scarring, vision abnormalities, blindness, or stroke. That's why it's very important to choose your doctor wisely. Make sure that they are trained, certified, and licensed to perform the procedure.

## What to expect after Juvederm

Recovery time is minimal. But, people are advised to avoid strenuous activity, sun exposure, wearing makeup, and consuming alcohol for at least 24 hours post treatment.

Most notice the effects of Juvederm right away, or after the swelling reduces. Results typically last between six months and two years. This depends on which Juvederm product was used.

*Information provided by Healthline*

<https://www.healthline.com/health/juvederm#overview>