

PRE AND POST TREATMENTS FOR LASER HAIR REMOVAL AND PHOTOFACIALS

PRE-TREATMENT

- ***A void the sun, tanning beds and tanning creams for 4-6 weeks before and after treatment.***
- ***Avoid electrolysis, plucking or waxing for 6 weeks prior to treatment.***
- ***If you have a history of diseases stimulated by heat, such as recurrent Herpes Simplex in the treatment area, prophylactic antiviral therapy may be started the day before and continued for one week after treatment.***
- ***Please shave before your treatments.***
- ***Let us know if you are using drugs increasing skin photosensitivity.***
- ***Discontinue any irritant topical agents for 3-4 days prior the treatment.***

POST-TREATMENT

- ***Immediately after treatment there may be erythema (redness) and edema (swelling) at the treatment site. This usually lasts two hours or longer. The erythema may last up to ten days. The treatment area may feel like sunburn for a few hours after the treatment, but it will reduce.***
- ***Apply ice as needed.***
- ***Hydrocortisone may be used for 3-5 days post treatment.***
- ***No heat, such as saunas, steam rooms, Jacuzzis or strenuous activities. No prolonged heat for a minimum of 48 hours post treatment.***
- ***A void sun exposure to avoid hypo-pigmentation.***
- ***Avoid picking or scratching the treated areas. Please do not use any hair removal products or similar treatments, (i.e. waxing, electrolysis or tweezing). Those will disturb the hair follicle. Please only shave during your treatments.***
- ***Up to two weeks post treatment you will notice shedding of the treated hair. This is not new growth. You can clean and remove hair by washing or wiping the area with a wet cloth.***
- ***Treat your skin gently for at least 24 hours after your treatments.***